

I hope you had a refreshing Christmas and are raring to walk the talk and raise the funds for PTSD Resolution. We have reached our 3593rd referral and continue to receive 7 new referrals a week.

General Lord Ramsbotham, President of Charity PTSD Resolution



PTSD Resolution is deeply saddened to learn of the death of General Lord Ramsbotham, who was a valued and highly-regarded president of the charity and a champion of mental health services for UK forces' veterans. Our Vice President, Lord Arbuthnott, has agreed to step up to be President. Read more [here](#).

Big Give 22

The logo for 'theBigGive' is displayed in a bold, black, sans-serif font. The word 'the' is in lowercase, 'Big' is in uppercase, and 'Give' is in lowercase. The logo is set against a white background.

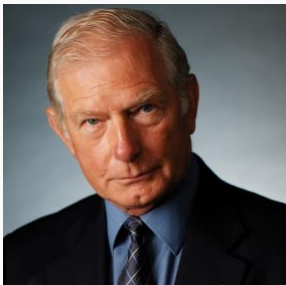
Thanks to your generosity we raised £30,584.00. At the average cost of £750 per treatment, this guarantees 40 Veterans' recovery. Well done and thanks again!

Project 100

Well done and thanks to Bill for his article on Project 100, in the latest QNVMHS newsletter – Please [click here](#) to access it on page 9.



A Bit of History



You might like to read about why Tony is motivated. Please read "[From Military to Mental Health: A Colonel's Journey](#)".

New legal powers to support Armed Forces families and Veterans

You might find the [attached announcement](#) useful that The MOD has backed a new legal Duty that supports Armed Forces personnel, their families and Veterans.



Testimonial



We always ask beneficiaries to write or video a testimonial. There are hundreds listed on our Testimonials page on the website at <https://ptsdresolution.org/testimonials.php>. You might like to read this [recent submission](#).

